

# OUR CHILDREN'S VIEWS



Jahchai Register was born and raised by his parents in Philadelphia, Pennsylvania. Jahchai is 10 years old, the youngest of 3 sisters and 1 brother. He is in the 5<sup>th</sup> grade and attends Commonwealth Cyber Charter School, which is home based. His favorite subjects are math, computers and science. Jahchai enjoys playing video games, reading, karate and telling jokes. His favorite food is pizza, and he loves milkshakes. Jahchai loves reading Torah, reading Hebrew and praying. Jahchai is full of love and creativity and has a bright future ahead. Jahchai contributed the following article, "Being a Servant of Yah" to HINT Magazine.

## WHAT DOES THE SABBATH MEAN TO ME?

BY JAHCHAI REGISTER

The Sabbath is a day of solemn rest. The Most High gave us a day to rest from all our activities during the week, which includes work or anything that does not pertain to the Sabbath. Exodus 20:7-10 is the law for keeping it, Exodus 31:12 tells us how it is a sign between us and YAH and Isaiah 58:13 states the importance of keeping the Sabbath Day and not doing your own pleasures.

Although I am a child, and I do not work, I believe that playing on the Sabbath is forbidden. The Most High said to keep the Sabbath Day holy, but how can I keep it holy and have The Most High on my mind if I am playing video games or any activity not related to YAH. I like to do biblical activities on the Sabbath, not only are they fun but I am learning too. I like to read, play the drums and spend time with my family.

The one sign of remembering the Sabbath is our fringes. Numbers 15:37 says that we should wear fringes to remember the laws, especially the Sabbath Day. We were told to make fringes because there was a man gathering sticks on the Sabbath and his punishment was death. It is important to obey the laws of The Most High so we can be blessed and not punished. I love the Sabbath Day.